# Vietnam Traders Share Real Success Stories with Exness

Three Vietnamese traders turned small accounts into consistent profits. Their paths were different, but each found ways to make trading work alongside their regular jobs. These are their real stories, complete with the mistakes they made and lessons they learned.

# Minh from Ho Chi Minh City - From \$200 to Full-Time Trading

Minh Nguyen works as a software developer in District 1. He started trading two years ago with just \$200. Today, he makes more from trading than his IT salary.

"I was skeptical at first," Minh says. "But after three months of demo trading, I felt ready to risk real money."

His journey wasn't smooth. The first month, he lost \$80. Then another \$60 the next month. But instead of quitting, he studied his mistakes.

## Started while working in IT company

Working 9-to-5 at a tech company gave Minh structure. He would wake up at 5 AM to check Asian markets before work. During lunch breaks, he analyzed charts on his phone. The IT background helped him understand trading platforms quickly. He picked up MetaTrader 4 in just two days. His programming knowledge made backtesting strategies easier too.

"My colleagues thought I was crazy," he remembers. "They said trading was gambling. But I treated it like coding - logical, systematic, step by step." Minh kept detailed records of every trade. He wrote down why he entered, why he exited, and what he learned. This habit became crucial for his success.

# Focus on EUR/USD during London session

After trying multiple pairs, Minh found his sweet spot with EUR/USD. The pair moves predictably during London hours - exactly when he had free time after work.

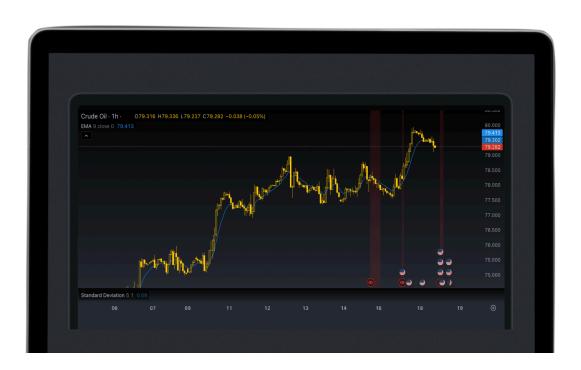
"EUR/USD is liquid and has tight spreads," he explains. "Perfect for someone learning to trade." He developed a simple strategy:

Trade only during 3 PM to 7 PM Vietnam time

- Use 15-minute charts for entries
- Never risk more than 2% per trade
- Close all positions before 8 PM

His favorite setup involves waiting for price to pull back to the 20 EMA during trends. When momentum picks up again, he enters with tight stops. The London session overlap gave him 200-300 pip moves regularly. Some days he made \$50-80 on his \$200 account. Other days he lost, but never more than \$4 per trade.

By month six, his account grew to \$500. Month twelve: \$1,200. Now he's considering leaving his IT job completely.



**Exness Trading Platform** 

# **Linh from Hanoi - Part-Time Trading Success**

Linh Tran teaches English at a public school in Cau Giay district. She discovered trading during COVID lockdowns when schools went online. Extra time at home meant opportunities to learn new skills.

Her approach is more conservative than Minh's. She aims for 10-15% monthly returns rather than quick gains.

"Teaching gave me patience," she says. "Good traders need patience too."

#### Balances teaching job with evening trades

Teaching ends at 4 PM most days. After dinner with her family, Linh sits down to trade from 7 PM to 9 PM. Just two hours, but focused hours.

She uses this schedule:

- 6:30 PM: Check market news and economic calendar
- 7:00 PM: Analyze charts and plan trades
- 7:30-8:30 PM: Active trading window
- 8:30-9:00 PM: Review trades and update journal

Her students don't know about her trading. She keeps both careers separate. But the discipline from teaching helps her stick to trading rules. "In class, I follow lesson plans. In trading, I follow my trading plan. Same principle." Weekends are for study. She reads trading books and watches YouTube videos about market analysis. Her favorite book is "Trading in the Zone" by Mark Douglas.

#### Specializes in gold and Japanese yen

Linh found her niche in gold (XAU/USD) and USD/JPY. These markets move well during her evening trading hours.

Gold often has big moves after US market close. Perfect timing for her Vietnam schedule. She learned to read gold's relationship with US dollar strength and inflation fears.

"Gold is emotional," she observes. "When people get scared, gold goes up. When they feel confident, it goes down."

Her gold trading rules are strict:

- Only trade during high volatility periods
- Use 4-hour charts for trend direction
- Enter on 1-hour pullbacks
- Risk-reward ratio always 1:2 or better

USD/JPY became her second specialty after she noticed it trending strongly during her trading hours. The pair responds well to interest rate differences between US and Japan. She started with a \$300 account eight months ago. Today it's worth \$850. Not spectacular, but consistent. More importantly, she only lost money in two months out of eight.

Her biggest winning trade was shorting gold when it hit \$2,080. She held for three days and made \$120 profit. Her worst loss was \$35 on a USD/JPY long that went against her. "Slow and steady wins," she believes. "I'm not trying to get rich quick. I want to build wealth over years."

# **Duc from Da Nang - Grew Small Account Over Two Years**

Duc owns a coffee shop near Da Nang beach. Tourists bring money in summer. Winter is slow. Trading helps when business drops.

He started with less money than the others but grew his account the most steadily over time. Patience comes from years of serving coffee and waiting for customers to return each season.



**Exness Account Types** 

#### Started with \$50 Standard Cent account

Fifty dollars. That's all Duc had two years ago when he opened his first trading account. The coffee shop was struggling after COVID killed tourism in Da Nang, and he needed extra money but couldn't risk losing what little savings he had left.

Standard Cent account was perfect for him. Instead of trading full dollars, he could trade cents. A good trade might make \$1 instead of \$10. Small profits, but small losses too. First week was terrible. Lost \$15 right away. That's 30% gone in seven days. Most people quit after losing that much so fast. Duc didn't quit. He made his trades even smaller.

"Every cent taught me something," he says now. The losses hurt less than dollars would have. But the lessons were just as valuable.

Trading happened between customers. Phone hidden behind the coffee machine. Quick glances at charts while steaming milk. Not the best setup, but it worked. Early mornings were best for studying. Shop stayed quiet until 8 AM. He'd analyze yesterday's trades and plan today's moves. Afternoons brought tourists and busy times. Evenings meant more trading after closing.

### Moved to Pro account after consistent profits

Eighteen months later, his cent account grew to \$380. More important than the money was his track record - twelve winning months out of eighteen months total. Moving to a Pro account felt scary. Real dollars instead of cents. Bigger profits but bigger risks too. "I knew my system worked with cents," he remembers. "But dollars felt different in my head."

He put \$500 into the new Pro account and used the same rules he'd learned with cents. Same risk per trade. Same currency pairs. Same trading times. Only the numbers were bigger. First month brought \$85 profit. Not bad for someone who started with \$50 two years earlier. Second month added another \$120. Each winning trade built more confidence.

Today his Pro account shows \$1,840 after eight months of dollar trading. Combined with coffee shop income, his family has more financial security than ever before. Best day ever: made \$180 on AUD/USD after Australian job numbers came out better than expected. Worst day: lost \$95 on EUR/GBP when Brexit news surprised everyone.

# What These Traders Have in Common

They all started small. Minh had \$200. Linh started with \$300. Duc began with just \$50. None of them borrowed money or risked their life savings on trading.

All three kept their day jobs while learning to trade, which gave them steady income and removed the pressure to make money from trading right away. This patience helped them make better decisions because they weren't desperate for quick profits. They never stopped learning. Books, videos, online forums - they studied everything they could find about trading. Knowledge came first, profits came later.

Their risk rules stayed the same:

- Risk only 2-3% per trade
- Use stop losses every time
- Write down every trade
- Stick to one or two currency pairs

Each trader found their own best times to trade. Minh works during London hours when EUR/USD moves the most. Linh trades gold and yen in the evenings after teaching. Duc fits trades between coffee customers throughout the day.

They all lost money in the beginning. But they treated losses as school fees instead of reasons to quit trading forever.



Exness Forex Broker

# Mistakes They Made Early On

Revenge trading almost killed their accounts. After a big loss, they would try to win the money back immediately with bigger trades. This always made things worse.

"Lost \$120 in one day trying to get back \$30," Minh says. "Dumbest thing I ever did." Too many trades per day was another problem. They thought more trades meant more money. Wrong. More trades usually meant more losses and higher costs. "Twenty trades in one day," Linh remembers. "Won two, lost eighteen. Even my winning trades got eaten by spread costs."

Following other people's trading signals seemed easier than learning analysis themselves. All three tried copying trades from Telegram groups and YouTube channels. All of them lost money this way. Duc learned this lesson the hard way: "Those signal groups made it look so easy. Just copy their trades and get rich. But when trades went bad, I had no idea what to do."

They ignored news and economic reports at first. Charts told them one story. Economic news told them another. Smart traders need both pieces of information.

None of them had real trading plans when they started. They would see a chart pattern and jump in without thinking about exit strategies or risk management. Plans came later, after painful losses taught them better habits.

#### Their Advice for New Vietnamese Traders

Start with less money than you think you need. Want to risk \$1000? Start with \$100 instead. Learn the hard lessons with smaller losses first. "Your first account will probably blow up," Minh tells new traders. "Make sure you can afford to lose it all." Pick one currency pair and stick with it for six months minimum. EUR/USD works well for beginners because it has tight spreads and moves predictably during London trading hours.

Vietnamese time zones work perfectly for certain markets. London session runs from 3 PM to 7 PM Vietnam time and gives the best price moves for major currency pairs. If you prefer Asian markets, AUD and JPY pairs move better during morning hours. Demo trade for three months maximum. Play money teaches you the platform but not the psychology of real trading. Switch to real money once you understand the basics. "Demo showed me which buttons to press," Linh explains. "Real money showed me how my emotions work. Both lessons matter, but emotions matter more."

Keep a notebook of every trade from day one. Write why you entered, why you exited, and what you learned. Review your notes every week to spot patterns in your mistakes. Find other traders to learn from. Join online groups or local trading communities in Ho Chi Minh City, Hanoi, or Da Nang. Learning alone takes too long and costs too much money. Never trade with borrowed money. Credit cards, bank loans, or money from family creates pressure that ruins your decision making. Only trade money that belongs to you and that you can afford to lose completely.

Expect to lose money while learning. Every trader loses sometimes. The goal is to lose less than you win over the long term. Think of early losses as tuition fees for your trading education.